



Think for a moment first!
Guidelines for safe work



**WATCH
THE VIDEO!**



Work safety is our top priority

Safety First

At SOL, we want to ensure that our employees can perform their work safely. That's why it is essential for everyone to make sure that their work environment, tools, and conditions are in order before starting any task.

Take a moment to consider whether you have enough time to complete the task and whether it is familiar to you or if you need guidance. **DO NOT** proceed with the work if you cannot do it safely!

Report any potential safety risks you observe to your supervisor or designated contact person.

Review this brochure carefully and keep it for future reference!

OULUN KONEPALVELU OY

piha-alueiden kunnossapitoa
vaihtolavapalvelut
lavettikuljetukset
kaivuutyöt

KYSY TARJOUS 040 556 8141
osmo.harma@oulunkonepalvelu.fi

TEKNIikka

www.q-teknikka.fi

BEFORE YOU START WORKING, TAKE A MOMENT TO THINK!

- Check that the working environment, tools and conditions are in order.
- Think about whether you have enough time to do the work.
- Are you familiar with the job? Do you know how to do everything?
- Do you have the right protective equipment?
- If you cannot do the job safely, DO NOT do it.
- Report any safety risks you observe to your supervisor or contact person.



MOVEMENT, TRAFFIC AND WORK MACHINERY

- Do not use your mobile phone while driving or moving.
- Only use marked routes with signage.
- Make sure that there is sufficient lighting.
- When on the stairs, hold on to the handrail.
- Reserve enough time for moving from one work site to another.
- Prepare for changes in the weather.
- Take care of the condition of vehicles and machines, including lights, warning devices and reversing alarms



WORKING AT HEIGHTS

- Use fall protection equipment if there is a risk of falling.
- Make rescue plans in advance in case of an accident.
- Ladders are not a working platform; use scaffolding or stands suitable for the work.
- Lifting platforms may only be used by persons who have received written permission from the employer.
- Access the roof from the inside, if possible.
- Inspect the fall protection equipment regularly.



Pääkaupunkiseudun lisäksi koko Uudellamaalla
Piharatamon nosto- ja kuljetuspalvelut



- Vaihtolavat
- Nostopalvelut
- Pienet vaihtolavat
- Lumenkuljetus
- Kuljetuspalvelut
- Hiekkasiilojen täyttö



TOOLS

- Only use tools that are in good condition and not broken: if there is broken equipment, immediately stop using it and have it serviced.
- Use tools only for their intended purpose.
- Follow the operating and maintenance instructions.



THREATENING SITUATIONS

- Always report violence or threats of violence to your supervisor.
- Try to prevent threatening situations.
- Do not provoke others or get provoked.
- Exit the situation, if possible.
- Familiarise yourself with the safety and operating instructions.



LIFTING AND MOVING LOADS

- Plan the lift and check the model, weight and movability of the object to be lifted, i.e. what you are lifting, how you are lifting it and where you are lifting it.
- Use lifting aids or perform the lift together with another person.
- Learn the correct lifting technique for lifting with the hands.
- Avoid twisting and reaching.
- Use proper, intact and inspected lifting aids that are intended for lifting goods.



LAATTA- JA KIVIRAKENNE
SUORSA

laattajakivirakennesuorsa.fi



CHEMICAL EXPOSURE AGENTS

- ➔ Read the instructions for use of the chemical in question carefully and familiarise yourself with the safety data sheet.
- ➔ Always use the PPE specified in the risk assessment when working with chemicals.
- ➔ Follow the work instructions.
- ➔ Also mark any smaller chemical packages that you fill from larger packages.
- ➔ Never mix chemicals or handle/remove chemicals that you do not recognise.
- ➔ If you are unsure about something, do not do it - ensure safety/ask for help.



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CONDITIONS AND WEATHER

- Take into account the conditions at the work site.
- Be prepared for changes in weather and conditions.
- The conditions or a change in them may make the work unsafe - reassess the risks before continuing the work.
- Dress according to the weather and conditions.
- Protect yourself from direct sunlight.
- In hot weather, remember to hydrate yourself and take breaks.



ELECTRICITY

- Only perform work for which you have permission/authorisation.
- Ensure proper isolation before installation work - ensure that machines and equipment are de-energised and depressurised.
- Use tools that are suitable for the work.
- Always check the condition of the electrical equipment you use before and after the work.
- Stop using any defective equipment.



BIOLOGICAL HAZARDS

- Do not come to work when sick.
- Be aware of the biological risks related to your work.
- Keep your vaccinations up to date.
- Anytime there is a risk, use the proper protective equipment.
- Wear work clothing at work and take care of its condition and cleanliness.



VALTTORI
OSAA HUOLLON JA OSAT

*Raskaskoneiden varaosat ja
teollisuuden tarvikkeet*

valttori.fi

SOLVIKIN
KATTOHUOLTO



ENTANGLEMENT AND CRUSHING

- Before starting work, make sure that the appropriate isolations have been made; machines and equipment must be de-energised/depressurised while they are being serviced.
- Be aware of the dangers of tilting machines.
- Do not remove the protective devices of a machine or tool.
- Be aware that work clothing may cause a hazard when next to moving machinery or equipment.
- If a machine is being serviced or repaired while it is running, written work instructions are always required.



Hellberg

www.hellbergsafety.fi

Velimark

**Cleanliness is
black and white**

www.velimark.fi

Sievi



www.sievi.com



SOL Yhtiöt

Vanha Talvitie 19 A, 00580 Helsinki
Switch 0205 705

sol.fi



Safety observation and idea

With this link you can report close-up
situations and give ideas concerning
your work.

<https://havainto.sol.fi>

<https://idea.sol.fi>



Täyden palvelun kumppanisi konekaupassa

Laajasta tuotevalikoimastamme löydät oikean laitteen jokaiseen
maanrakennuksen, kiinteistöhoiton, viherrakentamisen ja
materiaalinkäsittelyn käyttökohteeseen.

Lisäksi tarjoamme koko maan kattavat huolto- ja varaosapalvelut
sekä ammattitaitoisen teknisen tuen.

KONEMYYNTI | KONEVUOKRAUS | HUOLTO | VARAOSAT | TEKINEN TUKI | TYÖLAITEMYYNTI

09 4241 2000
myynti@kh-koneet.fi
www.kh-koneet.fi

